



## EFFECT OF LIVWEIGHT ON HAEMOLYMPH BIOCHEMICAL AND HORMONAL PROFILE OF GIANT AFRICAN LAND SNAIL (*ARCHACHATINA MARGINATA*) UNDER TROPICAL ENVIRONMENT

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### Abstract

Demand for giant African Land snail (*Archachatina marginata*) is on the increase in recent years, but not much is known about the health indicators of this animal under indoor or intensive rearing. The aim of the study was to determine the effect of liveweight on biochemical and physiological parameters of *Archachatina marginata* and to establish reference ranges for these parameters. Snails used were assigned to 3 groups of 20 snails each based on their liveweight. Haemolymph collected was analyzed for biochemical, hormonal and selected minerals. Result showed that the effect of liveweight was not significant ( $P > 0.05$ ) for Total protein (TP), Triglyceride (Trig), Alanine transaminase (ALT) and Glucose (Glu). However, Liveweight had significant effect ( $p < 0.05$ ) on Albumin (Alb), Aspartate transaminase (AST), Cholesterol (Chl) and Creatinine (Crt).

For hormonal profile, only  $T_4$  was significantly influenced ( $p < 0.05$ ) by liveweight, while effect of liveweight was not significant on Triiodothyronine ( $T_3$ ), Follicle-stimulating hormone (FSH), Estradiol ( $E_2$ ) and Progesterone ( $P_4$ ). For haemolymph minerals, liveweight only had significant effect on Cu and Fe among others. Physiological profiles quantitatively recorded for each of liveweight groups by the the present standard protocols provide a reference basis to quantify physiological changes under different environmental conditions.

## Introduction

Blood analysis has become imperative for a number of reasons. One of such is for the health analysis of an animal. Blood samples are routinely used in disease surveillance and diagnosis in companion animal, livestock and human populations, at times providing the first indication of health abnormalities (WILLARD et al. 1994, FELDMAN et al. 2000, STOCKHAM and SCOTT 2002). The haemolymph of several marine bivalve species is useful in the identification of pathogens and the evaluation of mussel condition (PAILLARD et al. 1996, ALLAM et al. 2000). The analysis of blood constituents has been used to evaluate physiological stress in numerous marine and terrestrial animals including fishes (MEKA and MCCORMICK 2005), crustaceans (UHLMANN et al. 2009), snails (RENWRANTZ and SPILVOGEL 2011), and freshwater crayfish (MALEV et al. 2010). Similar assessment strategies based on the non-lethal collection of haemolymph of freshwater bivalves have been used in study to conserve and protect endangered and declining populations (GUSTAFON et al. 2005a).

By using giant African land snails (GALS), several studies were carried out on their reproductive performance (ADIO 2010, ABIONA et al. 2012, ABIONA et al. 2016, ABIONA et al. 2018, ABIONA et al. 2021), nervous system structure (Adebayo 2011), and circulatory system structure (Salami 2010). Comparative studies have been done on the haemolymph of *A. marginata* and *A. achatina* (SODIPE 2011, ABIONA et al. 2013, ABIONA et al. 2014) and on the duration of aestivation on biochemical and biophysical parameters of *A. marginata* (ABDUSAMMAD 2010). All of these published works were conducted by lethal sample collection methods.

By means of lethal blood sampling, haemolymph was collected to study the effect of parasites, including trematodes and nematodes relevant to human health, on their snail hosts (BROCKELMAN 1975, 1978, BROCKELMAN and SITHITHAVORN 1980) or to investigate compounds of biomedical importance e.g. c-reactive protein (CRP) (AGRAWAL et al. 1990). Veterinary surgeons and others investigating disease in captive snails may also need to take blood samples as part of diagnosis (COOPER and KNOWLER 1991). However, lethal sampling of a small number of animals is unlikely to reveal statistically convincing health information (WOBESER 1994, DORAN et al. 2001).

The assessment strategies based on the nonlethal repeated collection of haemolymph from GALS need to be developed for physiological examination of these animals. GALS has been identified as a health risk in some parts of the western world. However, they remain a favored food resource in other parts such as the African and Asian continents. Recently, the increasing demand for GALS of *Archachatina marginata* as a food sup-

ply have intensified effort to enlarge local snail farming scales. However, the lack of sufficient knowledge on critical physiology necessary to boost their reproduction has been interfering with cultivating GALS successfully. Facts relating to health indicators are not well understood and are not readily available to farmers. Provision of relevant information in this area is seriously needed both at local and international levels to further improve farmer's earning and livelihood.

Understanding of GALS's haemolymph chemistry is a fundamental measure for the ultimate establishment of snail farming protocol. The aim of this study was to determine the effect of liveweight on the haemolymph biochemical and physiological parameters in three liveweight categories of *A. marginata* using non-lethal method of hemolymph collection (AJIBOYE 2021) and to develop a set of reference standards for the three weight categories considered.

## Materials and Methods

### Experimental design and management of animals

Sixty snails used for this study were sourced locally in Abeokuta, Ogun State, Nigeria. The snails were assigned to 3 groups of 20 snails each based on their liveweights (Treatment 1: 100–200 g, Treatment 2: 201–300 g, Treatment 3: 301–400 g) which may not be age related. The snails were acclimatized to laboratory environment before the commencement of haemolymph collection.

**Haemolymph collection.** Four milliliter (4 ml) of haemolymph was collected from the foot sinus using a 23 Gage needle and syringe. Haemolymph collected was thereafter analyzed to obtain biochemical profiles of hormones and selected minerals.

Haemolymph collection was carried out after cleaning the snails with sterile water. Detailed demonstration of haemolymph collection is shown in Figure 1 (AJIBOYE et al. 2022).

**Biochemical analysis of Haemolymph.** Total protein and albumin concentrations of each individual were determined using the biuret method described by HENRY et al. (1974). The glucose content was determined by the colorimetric method of BAUMNIGER (1974). The Triglycerides (Trig) and Cholesterol (Chl) assay were done following the method of GRANT (1987). Alanine transaminase (ALT), Aspartate transaminase (AST), and Creatinine were also determined by the methods described by BERGMAYER et al. (1985, 1986).



Fig. 1. Demonstration of haemolymph collection via the foot sinus with needle and syringe  
Source: AJIBOYE et al. (2022)

**Hormonal profile determination.** Haemolymph concentrations of total triiodothyronine ( $T_3$ ) and tetraiodothyronine ( $T_4$ ) as well as estradiol ( $E_2$ ), progesterone ( $P_4$ ) and follicle stimulating hormone (FSH) were determined quantitatively using commercial Bio-inteco ELISA kits after which results were read with ELX800 Elisa reader.

**Selected haemolymph mineral determination.** Selected haemolymph minerals like Zinc (Zn), Copper (Cu) and Iron (Fe) were determined spectrophotometrically by appropriate LABKIT.

## Results

Effect of liveweight on haemolymph biochemical parameters of *A. marginata* is shown in Table 1. Liveweight had significant effect ( $P < 0.05$ ) on the amounts of albumin, globulin, creatinine, cholesterol and aspartate aminotransferase. On the contrary, liveweight had no significant effect ( $P > 0.05$ ) on those of total protein, glucose, alanine aminotransferase and triglyceride. Albumin concentration was found to be higher in both 100–200 g and 201–300 g liveweight group categories than in the 301–400 g group. The concentration of globulin was significantly higher in

the 300–400 g group than in the 100–200 g and 201–300 g groups. The pattern seen in creatinine was similar to those observed in albumin, but with the exception that the group of snails under 100–200 g were not significantly different from the 301–400 g. For cholesterol, the 301–400 g group had higher significant value than the 100–200 g and 201–300 g groups. AST values were significantly higher in snails of the 100–200 g and 201–300 g groups than those of the 301–400 g group.

Table 1  
Effect of liveweight group on haemolymph biochemical parameters of *Archachatina marginata*

LWG [g]	Haemolymph Biochemical Parameters ( $\pm$ SE)								
	TP [g/dl]	Alb [g/dl]	Glb [g/dl]	Glc [g/dl]	Crt [mg/dl]	Chl [mg/dl]	AST [U/L]	ALT [U/L]	Trig [mg/dl]
100–200	3.61 $\pm$ 0.19	1.86 $\pm$ 0.1 <sup>a</sup>	1.75 $\pm$ 0.12 <sup>b</sup>	14.36 $\pm$ 0.93	1.57 $\pm$ 0.20 <sup>ab</sup>	22.11 $\pm$ 1.16 <sup>ab</sup>	64.20 $\pm$ 3.6 <sup>a</sup>	20.67 $\pm$ 1.83	18.02 $\pm$ 2.82
201–300	3.73 $\pm$ 0.19	2.13 $\pm$ 0.1 <sup>a</sup>	1.62 $\pm$ 0.12 <sup>b</sup>	14.69 $\pm$ 0.93	1.90 $\pm$ 0.20 <sup>a</sup>	19.65 $\pm$ 1.16 <sup>b</sup>	63.87 $\pm$ 3.6 <sup>a</sup>	19.80 $\pm$ 1.83	23.75 $\pm$ 2.82
301–400	3.46 $\pm$ 0.19	1.17 $\pm$ 0.1 <sup>b</sup>	2.28 $\pm$ 0.12 <sup>a</sup>	16.57 $\pm$ 0.93	1.17 $\pm$ 0.20 <sup>b</sup>	25.25 $\pm$ 1.16 <sup>a</sup>	46.27 $\pm$ 3.6 <sup>b</sup>	22.47 $\pm$ 1.83	17.59 $\pm$ 2.82

Explanations: <sup>ab</sup> means with different superscripts within the same column differ significantly ( $P < 0.05$ ); TP – total protein; Alb – albumin; Glb – globulin; Glc – glucose; Crt – creatinine; Chl – cholesterol; ALT – alanine aminotransferase; AST – aspartate aminotransferase; Trig – triglyceride; LWG – liveweight group

Effect of liveweight on haemolymph hormonal profile of *A. marginata* is shown in Table 2. It was clear from this table that liveweight had no significant effect ( $P > 0.05$ ) on follicle stimulating hormone (FSH), triiodothyronine ( $T_3$ ), estradiol ( $E_2$ ) and progesterone ( $T_4$ ). However, the value for  $T_4$  was higher in 301–400 g than 100–200 g and 201–300 g ( $P < 0.05$ ).

Table 2  
Effect of liveweight group on haemolymph hormonal profile of *Archachatina marginata*

LWG [g]	Haemolymph hormonal profile ( $\pm$ SE)				
	FSH [mIU/ml]	$T_4$ [ $\mu$ g/dl]	$T_3$ [ $\mu$ g/dl]	$E_2$ [pg/ml]	$P_4$ [ng/ml]
100–200	29.53 $\pm$ 0.50	1.32 $\pm$ 0.17 <sup>b</sup>	1.51 $\pm$ 0.12	6.64 $\pm$ 0.20	2.05 $\pm$ 0.14
201–300	30.31 $\pm$ 0.50	1.30 $\pm$ 0.17 <sup>b</sup>	1.29 $\pm$ 0.12	7.08 $\pm$ 0.20	1.79 $\pm$ 0.14
301–400	30.76 $\pm$ 0.50	2.90 $\pm$ 0.17 <sup>a</sup>	1.13 $\pm$ 0.12	7.17 $\pm$ 0.20	1.72 $\pm$ 0.14

Explanations: <sup>ab</sup> means with different superscripts within the same column differ significantly ( $P < 0.05$ ); FSH – follicle stimulating hormone;  $T_4$  – tetraiodothyronine;  $T_3$  – triiodothyronine;  $E_2$  – estradiol;  $P_4$  – progesterone; LWG – liveweight group

Table 3 shows the effect of liveweight on the quantities of selected minerals in the haemolymph of *Archachatna marginata*. Liveweight had significant effect ( $P < 0.05$ ) on copper (Cu) and iron (Fe). However, for zinc (Zn), effect of liveweight was not significant ( $P > 0.05$ ).

Table 3

Effect of liveweight group on selected minerals in *Archachatina marginata*

LWG [g]	Minerals ( $\pm$ SE)		
	zinc (Zn) [ $\mu$ g/dl]	copper (Cu) [ $\mu$ g/dl]	iron (Fe) [ $\mu$ g/dl]
100–200	397.40 $\pm$ 33.90	505.90 $\pm$ 17.90 <sup>a</sup>	372.90 $\pm$ 30.80 <sup>a</sup>
201–300	414.70 $\pm$ 33.90	471.30 $\pm$ 17.90 <sup>a</sup>	295.70 $\pm$ 30.80 <sup>ab</sup>
301–400	320.40 $\pm$ 33.90	302.10 $\pm$ 17.90 <sup>b</sup>	204.40 $\pm$ 30.80 <sup>b</sup>
Reference	300–450	250–480	204–380

Explanations: <sup>ab</sup> means with different superscripts within the same column differ significantly ( $P < 0.05$ ); LWG – liveweight group

## Discussion

Liveweight had no significant effect on haemolymph total protein. The results on protein concentration in the three size groups of *Indoplanorbis exustus* and *Lymnaea acuminata* *F. rufescens* showed an increasing trend in relation to size/age. Other factors such as parasitism, bacterial challenge and starvation are considered very important factors controlling total haemolymph protein in molluscs (REJU 1990). The level of serum protein in *B. glabrata* was found to increase when challenged with live bacterium (CHENG et al. 1978). Haemolymph protein and free amino acid concentrations in *B. glabrata* were found to change due to infection (DUSANIC and LEWERT 1963, GILBERTSON et al. 1967, LEE and CHENG (1972). By day 70 post-exposure to the parasite *Schistosoma mansoni*, the total protein content had declined to one third of that in uninfected snails (GRESS and CHENG 1973, MANOHAR and RAO 1977). BECKER and HIRT-BACH (1975) reported decrease in haemolymph protein after seven days of starvation in *B. glabarata*.

In snails, it has been identified that the lipids are involved in the animal's survival under physiological stress conditions, such as long feed restriction or when snails are parasitized, when the carbohydrates reserve are quickly depleted and the lipids are consumed more frequently (STOREY 2002, GIOKAS et al. 2005, BANDSTRA et al. 2006). LUSTRINO et al. (2010) reported that triglyceride metabolism in *A. fulica* is more influenced by photoperiod variations. REJU (1990) reported significant variation in total lipid concentration among snails of different size groups in *P. virens*. Lipid level was found to be significantly higher in small size groups than in the intermediate and larger groups. Considering the intermediate and larger groups as adults and hence reproductively very active, he attributed the low values to the utilization of lipid during gametogenesis. GOMOT (1998)

also reported a decrease in the lipid content of *H. pomatia*, *H. aspersa* and *H. aspersa maxima* with age. Lipids are the metabolic storage products for producing gametes (WEBBER 1970) hence gametogenesis leads to a decline in lipid storage content which is reflected as low haemolymph lipid level in adults. The high haemolymph lipid content in small size group snails may be an indication of large scale movement of lipid to gonads prior to gametogenesis (REJU 1990). NICOLAI et al (2012) reported difference in triglyceride concentrations between physiological states but not between geographical origins in the land snail *Helix aspersa*. Contrary to Reju's findings, the results of this study indicated that liveweight had no significant effect on the concentration of triglycerides in *A. marginata* snails. Differences in synthesis and utilization of lipids between species may be responsible for the results obtained. The physiological state of the snails used may also be responsible for the difference in results obtained.

Alanine aminotransferase concentration was not significantly affected by liveweight. Aspartate aminotransferase was, however, significantly affected. This result corroborates the statement by SWAMI and REDDY (1978), that the size of the animal is one of the factors affecting transaminase activity. There was no significant difference between AST concentrations between liveweight group 1 and 2 (100–200 g and 201–300 g) snails with the concentration being higher in the liveweight group 3 (301–400 g) snails. REJU (1990) reported a decline in AST and ALT activity with increase in body size. According to him, the decrease was more prominent in ALT. The author attributed the decline in the activity of these enzymes to the general decrease of metabolic rate and growth rate noted in gastropods along with increase in size or progress in age (HANIFFA 1980; ALDRIDGE 1982). In small size group snails, increased metabolic and assimilation rates require transaminase in high concentrations while with decrease in metabolic turnover, in large snails, the levels of transferases also show a declining trend (REJU 1990). Other factors affecting the transaminase activity such as difference in species, season, food, size of the animal, and assay procedures (SWAMI and REDDY 1978) may be responsible for the differences in results obtained for ALT in these snails.

Liveweight had no significant effect on haemolymph glucose concentration. This result is contrary to that of SURESH (1990). Suresh reported considerable variations in total carbohydrate and glycogen levels in the three size groups of both *I. exustus* and *L. acuminata*, *F. rufescens*. In both species, a general trend for increase in the concentrations of both total carbohydrate and glycogen was observed in relation to the size/age of the animals. In both species, the largest size group showed highly significant increase in glycogen and carbohydrate levels than the other two size



groups. According to him, it may be considered that age/shell size is a factor which to a certain extent determines the level of both glycogen and total carbohydrate in *I. exustus* and *L. acuminata*. Haemolymph glucose concentration in *A. marginata* does not seem to be weight dependent as can be deduced from the results of this study. Numerous factors have been reported to alter the haemolymph glucose concentrations in gastropods. They include (a) blood sampling procedures and other experimental manipulations (SUBRAMANYAM 1973), (b) quality of food assimilated (MEENAKSHI and SCHEER 1968, FRIEDL 1971, SCHEERBOOM 1978, STANISLAWSKI and BECKER 1979), and (c) quantity of food (SCHEERBOOM 1978), (d) seasonal changes; the changes are usually in response to changes in environmental temperature and food availability and are often linked to seasonal reproductive cycles, (e) aestivation, which is characterized by a drop in oxygen consumption and haemolymph reserve carbohydrate (SWAMI and REDDY 1978, HORNE 1979), (f) circadian fluctuations, for instance in the slug *L. alpestris*, the total carbohydrate of several tissues was the highest during the inactive light phase and lowest during the active dark phase (KUMAR et al. 1981) and (g) parasitism; decreased tissue carbohydrate levels and/or decreased blood glucose concentrations as a result of infection in molluscs have been observed in a number of cases (LEE and CHENG 1971, ROBSON and WILLIAMS 1971, CHRISTIE et al. 1974, VAIDYA 1979, MOHAMED and ISHAK 1981).

The presence of thyroid hormones was reported for the first time in *A. fulica* a land gastropod by LUSTRINO et al (2017). Thyroid hormones and their receptors have been well studied in vertebrates but less is known about the mechanisms by which they regulate the physiology and behavior in molluscs (LUSTRINO et al. 2017). The presence of TSH receptors and the evidence of endogenous synthesis of TSH have been shown in the freshwater gastropod *Lymnaea stagnalis* (TENSEN et al. 1994), the sea hare *Aplysia californica* (HEYLAND et al. 2006), Pacific Oyster, *Crassostrea gigas* (Huang et al. 2015). According to LUSTRINO et al (2017) only  $T_4$  was found in *A. fulica* by Radioimmunoassay (RIA) analysis and its level declined after both starvation and deproteinisation. According to them,  $T_4$  concentrations varied greatly among the animals used for the experiment. Also, no significant correlation was found between the biomass of the molluscs and  $T_4$  concentration. In this study, liveweight had no significant effect on  $T_3$ . It, however, had significant effect on  $T_4$  in the larger snails (301–400 g). There was no significant difference in the liveweight effect on the smaller snails (100–200 g, 201–300 g).

Liveweight had no significant effect on FSH,  $P_4$  and  $E_2$ . According to OKHALE et al (2018), the mean concentrations of the hormones were found to be significantly influenced by the reproductive phases and aestivation of



the snails. DI COSMO et al. (2001), reported that progesterone levels fluctuate according to the reproductive cycle in molluscs being very low during the non-vitellogenic period and increasing at the onset of vitellogenesis. OKHALE et al (2018) reported that FSH was relatively unaffected by aestivation treatments across reproductive phases. The author, however, reported that there was a trend of higher concentration of FSH at the dormancy and a decline in the pre-spawning and spawning phases and an eventual upsurge at the post-spawning phase. Environmental conditions affect reproductive function in live snails (CELIK et al. 2019). Optimal temperature, humidity and photoperiod encourage breeding activity of *C. aspersum* (JEPPESEN and NYGARD 1976, DAGUZAN 1982). From the current result, it may be inferred that these snails used in their study were probably not in the reproductive phase.

Liveweight had significant effect on Cu and Fe concentrations but had no significant effect on Zn concentration. This finding is in agreement with LUKONG et al. (2012). LUKONG et al. 2012, investigated the effect of prolonged aestivation on the composition of the major elements (K, Na, Ca, Mg, Fe and Zn) and found that the concentration of Zn did not change significantly throughout the experimental procedure while concentrations of Fe showed significant changes.

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