

## Introduction

Psychosexology and sexological therapy have been growing topics in the scientific community for several years. Articles on these issues appear in the literature related to clinical psychology, as well as medicine. Attention is drawn to the interdisciplinary nature of sexology and the need for cooperation between specialists in many fields. We are handing the readers the issue of *The Review of Psychology* devoted precisely to the subject of sexology, with particular emphasis on psychosexology. This issue is special, because the works contained in it show not only the theoretical aspect related to human sexuality in the broadest sense, but also describe the psychological practice of specialists working with patients who report experiencing difficulties of a sexual nature. The first two articles are devoted to the changes in sexual disorders and sexual health introduced by the latest version of the ICD-11 International Statistical Classification of Diseases and Health Problems, and recommendations for psychological practice with people representing sexual minorities according to the APA. The third text draws attention to the concept of gender nonconformity and its diagnostic criteria basing on recent data. The next considerations reveal the clinical practice of those working in various psychotherapeutic streams with patients experiencing sexual difficulties. The article, in which a psychotherapist used therapy methods from a psychodynamic perspective, highlights the complexity of the problems of a patient struggling with the difficulties of compulsive masturbation. In turn, the text devoted to the psychosexual therapy of a patient with pain syndrome indicates the necessity of incorporating physiotherapeutic methods into the therapeutic process. The issue closes with a rereview of Emily Nagoski's book "Come As You Are", which became an international bestseller. We hope that the presented collection of articles will be an interesting read. We trust that the content presented in them will become an inspiration for independent reflection and exploration in both the field of psychological theory and practice.

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